

New Techniques Developed to Make Breast Enlargement Safer

New Hampshire Plastic Surgeon Dr. Peter Pacik Reduces Common Complications With Combination of Three Innovative Techniques

Manchester, NH (PRWEB) June 12, 2006 -- Dr. Peter T. Pacik, founder of the Plastic Surgery Center, presented a combination of three techniques developed over the past 4 ½ years to make breast enlargement surgery safer and more effective at the 47th annual meeting of the New England Society of Plastic and Reconstructive Surgeons, Inc. in New Castle, New Hampshire (June 2nd through June 4th, 2006).

Dr. Pacik presented his new techniques, which provide improved integrity to the breast fold, thereby reducing the complication of “bottoming out” in a paper titled Augmentation Mammoplasty: Managing the Inframammary Fold. The three techniques used in combination are enhanced lowering of the inner lower (thicker zone) of the breast fold giving improved rounding and cleavage to this area while at the same time protecting the position of the implant. (This technique was previously reported in the Aesthetic Surgery Journal, “Augmentation Mammoplasty: Enhancing Inferomedial Cleavage”, Vol. 25, July/August 2005, pages 359-364.)

“Bottoming out is a potentially serious complication of augmentation mammoplasty because the implant migrates to an excessively low position. The tissues needed to repair this complication are very thin and complications such as pneumothorax and recurrence of the bottoming out can occur,” says Dr. Pacik. “By respecting the integrity of the breast fold during the primary operation for breast enlargement, this serious complication can be reduced, and the operation made safer.”

Dr. Pacik combines these procedures with a muscular sling from the pectoralis major muscle to the level of the lower portion of the breast fold and blocking sutures to safeguard against bottoming out. “Our incidence of bottoming out is about 2%,” says Dr. Pacik. “Other centers have reported this complication to be as high as 10%. Our early statistics of more than 100 consecutive patients using the muscular sling, and more than 150 patients using blocking sutures, appear to be less than 1%,” reports Dr. Pacik.

He concludes, “I believe that by incorporating these three technical changes, the operation has been made safer, while at the same time achieving enhanced cleavage of the inner lower zone of the breast.”

About Dr. Peter Pacik:

Since 1972, Peter Pacik, M.D., F.A.C.S. has operated the Plastic Surgery Center in Manchester, New Hampshire and has been performing plastic surgery for patients in New Hampshire and New England. He has helped thousands of patients diminish physical imperfections, feel beautiful and confident in just a few short months after surgery.

Dr. Pacik completed his plastic surgery residency at SUNY Upstate Medical University in Syracuse, New York in 1972. He is affiliated with the Catholic Medical Center and the Elliot Hospital and is American Board certified in both Surgery and in Plastic and Reconstructive Surgery.

About The Plastic Surgery Center:

Founded in 1972 by Peter T. Pacik, MD, FACS, the Plastic Surgery Center has been providing state-of-the-art cosmetic procedures and facial rejuvenation to patients in New Hampshire and New England for over 30 years. With a wide range of cosmetic procedures available including breast augmentation, breast lifts, breast



reductions, body contouring, face lifts, fat grafting, liposuction, rhinoplasty and tummy tucks as well as facial rejuvenation procedures including advanced skincare, chemical peels, dermabrasion, laser skin resurfacing, the Obagi® Blue Peel™, Botox®, and facial fillers (injectables) such as Restylane and Radiesse, the doctors of the Plastic Surgery Center help clients look their best.

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